



COACHING SPECIALTY:

- **Emotional Resilience**
- Stress Less
- Leadership Blind Spots

PERSONAL INTEREST:

- Walk in Nature
- Woodwork
- Freediving
- www.aerojconsciousness.com Email: roj@aerojconsciousness.com Line OA @consciousness

คุณสาโรช จรรยาแพทย์ (โค้ชโรช) 👛



EXECUTIVE COACH AND FACILITATOR

SERVICES OFFERED:

- · Leadership Coaching
- One-on-One Coaching for Self-transformation

WORKSHOP:

- Stress Reset: Focus on Neuroscience of Stress
- Emotional Detox: Energetic & Focused
- Disrupt Yourself: Focus on Body Intelligence and Neuroscience
- Deepening Self-awareness with the Enneagram

SOME SELECTED CLIENTS

























CERTIFICATION:





- Somatic Experiencing Professional Training, Somatic Experiencing Trauma Institute
- Certified Enneagram Train the Trainer, The Enneagram in **Business**
- · Results Associate Coaching Certification, Brain-Based Coaching at Neuroleadership