



## SAROJ JANYAPAT (COACH ROJ)


EXECUTIVE COACH AND FACILITATOR

### COACHING SPECIALTY:

- Emotional Resilience
- Stress Less
- Leadership Blind Spots


### PERSONAL INTEREST:

- Walk in Nature
- Woodwork
- Freediving

 081-486-3497

 roj59

 [roj@aerojconsciousness.com](mailto:roj@aerojconsciousness.com)

 [www.aerojconsciousness.com](http://www.aerojconsciousness.com)

Saroj has designed a workshop that focuses on helping people to reach their full potential by striking a balance between their thoughts, emotions and actions.

Accuracy of self-perception is the foundation he uses to reconnect leaders with their true selves and urge them to reframe their thoughts on what they used to see as barriers to great leadership.

### SERVICES OFFERED

- Executive Coaching
- One-on-One Coaching for Self-transformation
- Empathic Leadership : Focus on Trust and Motivation
- Disrupt Yourself : Focus on Body Intelligence and Neuroscience
- Stress Less : Focus on Neuroscience of Stress
- Deepening Self-awareness with the Enneagram
- Know Yourself, to Know Others with the Enneagram
- Feedback and Coaching Skills for Leaders


### 12 YEARS IN PEOPLE COACHING, TRAINING, FACILITATION AND CONSULTANCY SERVICES WITH EXPERIENCE:

- Executive Coach, Facilitator and Co-Founder at Consciousness Co., Ltd. (2017 - Present)
- Managing Director at Bangna Pet Hospital Co., Ltd. (2003 - Present)
- Veterinarian at Small Animal Teaching Hospital, Faculty of Veterinary Science, Chulalongkorn University (2001 - 2003)

### SOME SELECTED CLIENTS



### TRAINING & CERTIFICATION:

- Professional Certified Coach (PCC)<sup>tm</sup> credentialed by ICF 
- Somatic Experiencing Professional Training, Somatic Experiencing Trauma Institute
- Certified Enneagram Train the Trainer, The Enneagram in Business
- Results Associate Coaching Certification, Brain-Based Coaching at Neuroleadership